![unforgettable]

How to get the most from your 3-in-1 Reminder Day Clock

SATURDAY
9:30 AM
31 DECEMBER 2016

Now it's
Saturday
Morning

It's time for breakfast

In the box you will find

1x Reminder Day Clock • 1x User Manual • 1x Mains Power Adaptor

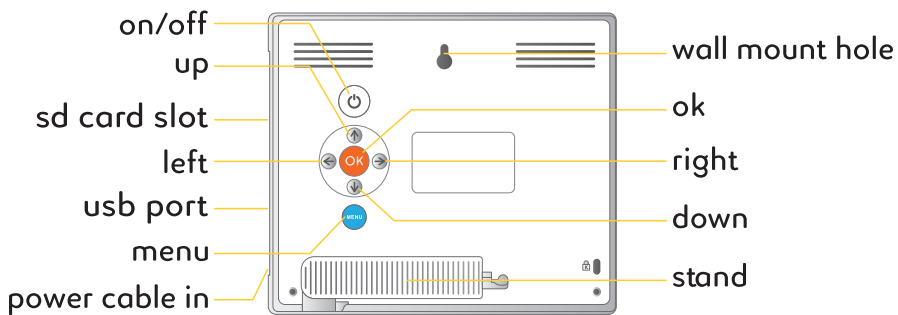IMPORTANT! PLEASE READ ALL INSTRUCTIONS CAREFULLY BEFORE USE AND KEEP FOR FUTURE REFERENCE

Model No. UF1050

Quick start

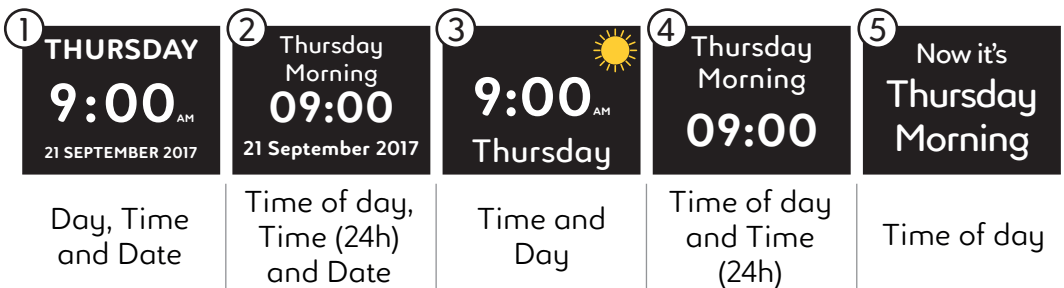**Your reminder clock can be up and running in 2 simple steps**
1. Plug the power cable into the port marked 'DC IN' on the side of the clock.
2. Insert the plug into a mains electricity socket.

After a few seconds the clock should display the Unforgettable welcome screen followed by the correct time and date for the UK. If you need to adjust the time or date see the changing settings section of this booklet.

on/off
up
sd card slot
left
usb port
menu
power cable in

wall mount hole
ok
right
down
stand

Choose the right display for you
Pressing the OK button while the clock is displayed will cycle through the 5 different screen modes as shown below.

① THURSDAY 9:00 AM 21 SEPTEMBER 2017	② Thursday Morning 09:00 21 September 2017	③ 9:00 AM Thursday	④ Thursday Morning 09:00	⑤ Now it's Thursday Morning
Day, Time and Date	Time of day, Time (24h) and Date	Time and Day	Time of day and Time (24h)	Time of day

TIPS:
- Choose the best place for your clock
- Keep it close and in clear view
- It can be stood on a flat surface or wall mounted

Changing settings

Alongside setting the time and date, your clock has a wide range of settings that you can personalise to suit your preferences.
The settings menu displays 4 options at one time, the rest can be accessed by using the ⬇ and ⬆ buttons.

Set Time	<	09:00 AM	>

Set the time and date

Set Date	<	21-09-2017	>

Change between 12 & 24 hour clock

Time Mode	<	12 Hours	>

(for displays 1 & 3 only)

Date Mode	<Day-Month-Year>

Select how the date is displayed

Calendar Mode	<	Mode 1	>

Change calendar display mode (1-5)

Colour	<	Colour 1	>

Change colour of display (see below)

Volume	<	1	>

Change volume of reminder alarms

Brightness-day	<	1	>

Set screen brightness during the day

Brightness-night	<	1	>

Set screen brightness during the night

Contrast	<	1	>

Change screen contrast

Screen colour
Each display can be shown in one of three colours, named on the menu as follows:

THURSDAY
9:00 AM
21 SEPTEMBER 2017

Colour 1
White text on a black background

THURSDAY
9:00 AM
21 SEPTEMBER 2017

Colour 2
Black text on a white background

THURSDAY
9:00 AM
21 SEPTEMBER 2017

Colour 3
Black text on a yellow background

To change settings:
1. Press the MENU button to display the settings menu.
2. Use the ⬇ and ⬆ buttons to move between the rows until the setting you want to change is highlighted in yellow.
3. a) to change the time and date settings select either 'SET TIME' or 'SET DATE' and press the OK button. Part of the date or time will be underlined in blue. Use the ⬅ and ➡ buttons to select the part of the date or time you want to change. Use the ⬇ and ⬆ buttons to change the setting and press the OK button to confirm once done.
   b) For all other settings, simply use the ⬅ and ➡ buttons to change the setting once highlighted.

Once you have changed all the required settings to suit your preferences, press the MENU button to exit the settings menu.
If you press the wrong button or are not sure what to do, just press the MENU button to go back to the clock display and start again.

Setting reminder alarms

Your clock can store up to 20 reminder alarms, which can each be set to go off once or be repeated daily. These can be chosen from a number of pre-loaded reminders, or you can create your own personalised reminders (see creating personalised reminders section). Each pre-loaded reminder consists of a friendly voice message and a notice displayed on the screen. They can be selected from the following options:

1. It's time to take your tablets
2. It's time for breakfast
3. Time for lunch
4. Time for dinner
5. Time for a snack
6. Drink some water
7. Have a cup of tea

8. Check the doors are closed
9. Turn off the oven
10. Turn your home alarm on
11. Are you wearing your personal alarm?
12. Are you wearing your glasses?
13. Your family are visiting today
14. The carer is visiting today
15. You have a doctors appointment today
16. You're going to the day centre today
17. It's time to get up
18. It's time to go to bed
19. Happy Birthday
20. Do you need to use the bathroom?

To set a reminder alarm:
1. Press the (MENU) button to display the settings menu.
2. Use the ⊎ and ⬆ keys to highlight an empty alarm slot.
3. Press the (OK) button and the type of alarm will be underlined in blue.
4. Press the (OK) button again and a list of pre-loaded reminders will pop up.
5. Use the ⊎ and ⬆ buttons to select the required reminder and press the (OK) button once more to confirm.
6. Use the ⬅ and ➡ buttons to select the time setting and ⊎ and ⬆ buttons to select the time. Repeat for setting the frequency of the alarm (alarms can be repeated every day or sounded only once).
7. Press the (OK) button once more. The alarm is confirmed when the blue line disappears.

To cancel a reminder alarm, select 'OFF' in the alarm frequency column.

Creating personalised reminders

Your clock has the ability to play personalised reminders from a USB stick or SD memory card (sold separately). These can either be a picture and voice recording, like the pre-loaded reminders, or a video. Creating personalised reminders can be complex, requiring additional equipment, software and technical knowledge. Please consult the manufacturer of your equipment for more information. Below are the formats required for creating personalised reminders;

Creating picture reminders
Each picture reminder consists of two elements; a picture and a voice recording of the announcement. These should be in the following formats:
Pictures: 800x600px in .JPG .JPEG .BMP .PNG .TIF
Voice recording: .MP3 .WMA .WMV .ASF .WAV .MID

Creating video reminders
Videos should be in the following format:
800x600px in .MP4 .AVI .WMV .MPG. VOB. ASG .3GP .FLV .MKV .RM .RMVB

To load personalised reminders:
1. Plug your USB stick or SD card into a PC
2. Create a folder for each personalised reminder on the USB stick or SD card. Give the folder a name that makes it easy to remember what the reminder is.
3. If creating a picture reminder place both picture and voice file in the folder. If creating a video reminder place the video file in the folder.
4. Eject the USB stick or SD card from the computer and plug it into the appropriate slot on the side of the clock.
5. Follow steps 1-3 from 'To set a reminder alarm'
6. Select 'External USB' or External card' from the pop up list, press the **OK** button.
7. Select the folder tha contains the reminder you want to use.
8. Follow steps 5 and 6 from 'To set a reminder alarm'.

Please note: it's important that the USB stick or SD card remains inserted in the clock for the personalised reminders to function.

Finding the right place for your clock

Your clock includes a pop-out stand for displaying on flat surfaces and a recess for wall hanging. Please ensure the fixing method is strong enough to bear the weight of the clock to reduce the risk of any impact hazard. Don't place your clock close to a heat source such as a radiator or fire.

Retaining your settings

When the clock is disconnected from mains electricity your pre-set information will be automatically remembered for up to three years of average use - or one year of no use - by way of a non replaceable battery contained within the unit (see important safety warnings section).
Once this battery runs out, you will need to reset the time, date and your preferences every time the clock is disconnected from mains electricity.
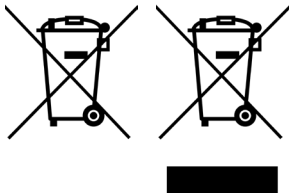
Maintenance and cleaning

Unplug before cleaning.
Clean the display screen by gently wiping it with a special screen cloth or a soft, damp cloth moistened with a glass cleaning liquid. Do not use excessive liquid as this can be hazardous if it enters the inside of the product.

Important safety warnings

- Use this appliance only with the AC adaptor supplied.
- Unplug the appliance before cleaning.
- Keep the mains cord out of the reach of children.
- Keep the unit, mains cord and plug away from water.
- Do not attempt to repair the unit as this can be hazardous.
- The unit is for indoor use only.
- This device has an integral CR2032 lithium button cell battery. Do not attempt to access it and do not subject it to excessive heat such as direct sunlight, fire etc.
- Discard this clock (including the integral CR2032 lithium button cell battery) in accordance with recycling regulations in your area. Waste electrical products and their batteries can be harmful to the environment and should not be disposed of with household waste. The integral battery should be removed by an independent professional. Separate disposal facilities exist. Contact your local authority to find details of your closest recycling centre.

Warranty

This product comes with a 12 month warranty, valid from the date of purchase.

Troubleshooting

Problem	Potential Cause	Solution
Clock display is blank.	Power lead has become disconnected.	Connect power lead. Clock should switch on after 3 seconds.
	Clock is switched off.	Press the on/off button on the rear of the clock. Clock should switch on after 5 seconds.
Incorrect time is displayed.	Time has been set incorrectly.	Adjust time following steps in 'changing settings' section.
Changes made to time, date or alarms are not saved.	'OK' button has not been pressed to confirm changes.	Press 'OK' button after making changes.
Alarm reminder does not sound at set time.	Alarm frequency is set for 'Once' and has already sounded.	Set alarm frequency to 'Repeat' for it to sound daily.
	Alarm has been set at the same time as another alarm.	Adjust the time of one alarm so they are set for different times.
Personalised reminder alarms do not sound.	USB stick or SD card containing reminders is not inserted correctly.	Insert USB stick or SD card that contains the required personalised reminders.

Need more help?

Visit our website to discover videos, guides and tips on how to get the most from your Unforgettable products. Or simply get in touch and we'll see how we can help.

Unforgettable.org
Runway East
58-64 City Road
London
EC1Y 2AL

Web   www.unforgettable.org

Email   happytohelp@unforgettable.org

Phone   +44 (0)20 3322 9070

Specification

Backlight	LED
Screen Size	8"
Display Aspect ratio	4:3
Display Resolution	800x600
Mains Power Adaptor	Input: 100-240v 50/60Hz Output: DC 5V 1500mA

Your ideas could help others

Tell us what you think of your 3-in-1 Reminder Day Clock, what you like and what more you wish it could do. We are on a mission to design life-changing products that can really make a difference. Our next product will be designed using your feedback!

Send us your tips and ideas for how to get the best out of your reminder clock, we will share them with others.

Help others discover products that can help by sharing a photo of your reminder clock in use on social media.

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 unforgettable.org

Hello, I'm James, Founder of Unforgettable.

Having looked after my mum, I know it's hard coping with the daily challenges of dementia and memory loss. We set up Unforgettable to help people with dementia do the things we take for granted.

I hope your 3-in-1 Reminder Day Clock makes a real difference. You may be dealing with other challenges and we are here to help. Discover 100's of other life changing products, practical advice and real life stories at Unforgettable.org, or simply give us a call on +44 (0)20 3322 9070 and we'll see how we can help.